



## ABOUT SOUTH EASTERN COMMUNITY CARE

South Eastern Community Care (SEC Care) is a Tasmanian not-for-profit organisation that provides quality community care to people of all ages.

At SEC Care, we have supported people to live independently in their homes and community for over 45 years.

We have Day Centres located at Sorell, Brighton and Orford, offering a wide range of services and activities for SEC Care clients and their carers.

Access to all services and programs is by referral from health professionals, referral agencies or by self-referral. Call us today on 03 6269 1200 to discuss your options.

Quality care is provided by experienced and qualified staff and dedicated volunteers in accordance with National Standards and Program Guidelines.

SEC Care services are supported by funding from the Tasmanian Government and by the Crown through the Department of Health.

The organisation is a non-government benevolent association and has a "Gift Fund" for the receipt of donations from the public. Donations are tax deductible, are very much appreciated and are used to enhance client services.

## SOUTH EASTERN COMMUNITY CARE

### OFFICE HOURS

Monday - Friday • 8:30am - 4:30pm

12 Somerville Street, Sorell TAS 7172

Phone - 6269 1200

Fax - 6269 1208

Email - [mail@secommunitycare.com.au](mailto:mail@secommunitycare.com.au)

[www.secommunitycare.com.au](http://www.secommunitycare.com.au)



Wheelchair accessible facilities

# SERVICING

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## SOUTHERN TASMANIA

July 2017

# HOME CARE PACKAGES



## Quality Community Care

# HOME CARE PACKAGES

**A Home Care Package (HCP) is a government subsidised program that provides support services to maintain and extend your health, wellbeing and independence. Packages are individually tailored to meet your needs and goals to remain at home.**

**SEC Care is an approved HCP provider. Our team will work with you to develop a plan to provide quality support services to suit your needs and lifestyle.**

## ELIGIBILITY

To receive a HCP you will need to be assessed by the Aged Care Assessment Team (ACAT). The ACAT service is available for people over 65 years or people living with acute degenerative illnesses. ACAT will help identify what level of support is required to meet individual needs and goals.

Once your needs have been assessed, ACAT will provide you with an approval letter and a reference number. The Government's My Aged Care system will manage your approval and advise you by letter when your HCP services can begin.

When you receive your letter, contact SEC Care directly by calling (03) 6269 1200 to organise an in-home planning meeting with one of our qualified Care Coordinators.

## HCP CAN INCLUDE THE FOLLOWING CARE AND SUPPORT SERVICES:

**Home Support:** Household chores, laundry services, meal preparation, home and garden maintenance, spring cleaning, home modifications, magazine subscription.

**Community Nursing:** Medication management/aids, nursing services, continence support and product management, health education.

**Personal Assistance:** Showering, dressing, personal hygiene.

**Allied Health:** Home Occupational Therapy, Home Exercise Physiology, Home/ Centre Physiotherapy, Home/Centre Foot Care/Podiatry, Hydrotherapy, Massage, Assistive Technology, Counselling, Home Monitoring, access to equipment, including footwear.

**Social Support:** Shopping Assistance, in-home respite, religious and spiritual support, social outings, skill development classes, SEC Care Day Centre.

**Transport:** Transport to and from medical appointments, social support transport (as part of services listed in social support).

**Coordination:** Program coordination, program support, after hours coordination support.

If a service you require is not listed above, talk to our coordinators to discuss further options.



Helping our communities enjoy the life they want to live

