



Newsletter

Sept-Oct 2016

*"A leading service provider
helping our communities enjoy
the life they want to live"*

South Eastern Community Care Community Expo 2016

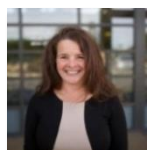
Commemorating our first year at our Sommerville Street premises

Come one come all to SEC Care's BIGGEST event of the year – our very own Community Expo!

This year for Senior's Week, SEC Care is proud to be hosting a Community Expo to commemorate our first year in the old Sorell Council Chambers in Somerville Street, Sorell.

Running from 10:00am – 3:00pm on Tuesday, 11 October, the SEC Care Community Expo will bring together a range of local groups and organisations, while honouring the senior members of our community.

The Expo will feature a Sausage Sizzle, Devonshire Tea, live music, family-friendly activities, and community stalls, with much more to be announced. We look forward to seeing you all there!



A word from our CEO, Helen Pollard

As we welcome Spring it's lovely to see bulbs and blossoms starting to appear, I'm also enjoying the longer and warmer days – bring on summer!

New Home Care Workers

We have recently employed a small number of new Home Care Workers as a way to ensure we have as many staff as possible available to give excellent care to our clients, as well as support the growing number of clients with disabilities we are supporting under the NDIS. We are proud to be growing this area for our business as it is another way we can support our communities.

Accounts and Invoicing

Thank you again to all clients for your patience as we work through our accounts and invoicing processes. Clients will be pleased to know we have worked hard to get July accounts accurate from the feedback we received. Our inputting is improving and the new systems are more reliable than our previous data collecting program, but please contact our finance staff if you have any queries. August accounts will be issued in fairly quick succession from July accounts and then we will be on our regular monthly cycle. This will be a welcome relief for SEC Care staff, and more importantly, for you! While we still have some work to do, I'm extremely pleased to see the significant progress we have made in getting an efficient rostering, invoicing and reporting system implemented. Well done to all staff within the administration and wider team for a huge effort over the past few months.

Community Expo 2016

As you will see above, we are excited to be hosting a Community Expo at our Somerville Street premise as part of Seniors Week. This is an opportunity to celebrate our first year in Sommerville Street with local groups, organisations and our wonderful community. We hope to see you there!

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The 2016 SEC Care Olympics!

What a ball our SEC Care Day Centre's had getting into the spirit of things during the 2016 Olympics in Rio last month! While the USA 'trumped' the rest of the world at Rio, everyone went home a winner at our Day Centres!



Top Left: Bruce basking in the glory of winning gold!

Top Right: The winners from Brighton Day Centre. Go team!

Left: Our Brighton Day Centre Olympic Official Gay with bronze medal winner Margaret.

Right: Our Sorell Day Centre Olympic Official Helen commentating Gloria's performance!

Bottom: The Sorell Day Centre Olympic Celebrations – Leo being awarded a medal!



Our Office Hours

A friendly reminder that our office hours are **8:30am-4:30pm Monday to Friday**. For after hours emergencies, please call **000**.

Client Information Changes

If you have any changes to your address, phone numbers, doctors or any contact details, please call the SEC Care office on **6269 1200**. By helping us, we can ensure the best possible care and service for you.



Changes to the SEC Care Day Centre Calendars

As of this month we are changing the way we structure the Day Centre Calendars to be more aligned with the distribution of your accounts. This way, you can be kept as up-to-date as possible with all the fun activities happening near you! If you wish to get involved with the Day Centres, phone either Kathy on 0427 804 600 or Denise on 0423 264 833.

Brighton Day Centre Calendar for Sept-Oct 2016

Mon	Tue	Wed	Thu	Fri	Sat	Sun
12 – Brighton Bus trip – location TBA. Time: 10:00am – 3:00pm. Meal at own cost.	13	14	15 – In house day at Pontville Day Centre. Activity: Scrapbooking. Time: 10:00am – 3:00pm.	16	17	18
19	20 – Bus trip to Wrest Point Casino for lunch and movies. Time: 11:45am – 4:00pm. Meal at own cost. Film: Brooklyn.	21	22 – In house day at Pontville Day Centre. Activity: Crafts and games. Time: 10:00am – 3:00pm.	23	24	25
26 – Brighton Bus trip to Kingston for lunch. Time: 10:00am – 3:00pm. Meal at own cost.	27	28	29 – In house day at Pontville Day Centre. Activity: Shelley “The Singing Nurse” performing. Time: 10:00am – 3:00pm.	30	1(Oct)	2
3	4	5	6 – In house day at Pontville Day Centre. Activity: Bingo and crafts. Time: 10:00am – 3:00pm.	7	8	9
10 – Bus trip to the Foreshore Tavern in Lauderdale for lunch. Time: 10:00am – 3:00pm. Meal at own cost.	11 – SEC Care Community Expo at Sommerville Street Day Centre. Transport TBA. Time: 10:00am – 3:00am FREE BBQ lunch and many activities!	12	13 – Bus trip to Sommerville Street Day Centre in Sorell for Cancer Council talk on “Living Well After Cancer”. Time: 10:00am – 3:00pm.	14	15	16

Introducing Shelley “The Singing Nurse”!

Our Day Centres were treated to the mesmerising operatic singing of Shelley ‘The Singing Nurse’ Hayton last month.

If you missed your opportunity to see her in August, don’t fear – she will be performing again at our Sorell and Brighton Day Centres in September.



Sorell Day Centre Calendar for Sept-Oct 2016

Mon	Tue	Wed	Thu	Fri	Sat	Sun
12	13 – Bus trip to Wrest Point Casino for lunch and movies. Time: 11:45am – 4:00pm. Meal at own cost. Film: The Revenant.	14 – In house day at Somerville Street Day Centre. Activity: Shelley “The Singing Nurse” performing. Time: 10:00am – 3:00pm.	15	16 – Bus trip – Location TBA. Time: 10:00am – 3:00pm. Meal at own cost.	17	18
19	20	21 – In house day at Somerville Street Day Centre. Activity: Scrapbooking. Time: 10:00am – 3:00pm.	22	23 – Bus trip – Location TBA. Time: 10:00am – 3:00pm. Meal at own cost.	24 – Men’s Gathering (friends and family included) Activity: Visiting Ross. Time: 10:00am – 3:00pm. Meal at own cost.	25
26	27 – Bus trip to Moonah for shopping outing. Time: 10:00am – 3:00pm.	28 – In house day at Somerville Street Day Centre. Activity: Making dog biscuits. Time: 10:00am – 3:00pm.	29	30 – Bus trip to Brighton for lunch. Time: 10:00am – 3:00pm. Meal at own cost.	1 (Oct)	2
3	4 – Shopping and lunch trip in Sorell. Time: 10:00am – 3:00pm. Meal at own cost.	5 – In house day at Somerville Street Day Centre. Activity: Bingo and crafts. Time: 10:00am – 3:00pm.	6	7 – Bus trip – outing. Destination: TBA. Time: 10:00am – 3:00pm. Meal at own cost.	8 – Men’s Gathering (friends and family can be included). Time: 10:00am – 3:00pm. Activity: TBA.	9
10	11 – SEC Care Community Expo at Somerville Street Day Centre. Time: 10:00am – 3:00am FREE BBQ lunch and many activities!	12 – In house day at Somerville Street Day Centre. Activity: Bingo and crafts. Time: 10:00am – 3:00pm.	13 – Information session on “Living Well After Cancer” at Somerville Street Day Centre in Sorell. Time: 10:00am – 1:15pm. Lunch included.	14	15	16

Richmond Day Centre

The Richmond Day Centre is now operating out of the Sorell (Somerville Street) Day Centre. If you wish to speak to someone about the Richmond Day Centre, call our Day Centre Manager, Michelle, on 6269 1264.

Orford Day Centre Calendar for Sept-Oct 2016

Mon	Tue	Wed	Thu	Fri	Sat	Sun
12 – In house day at Prosser House Day Centre. Activity: Crafts and puzzles. Time: 10:00am-3:00pm.	13	14 – Bus trip to Dunalley for lunch. Time: 10:00am – 3:00pm. Meal at own cost.	15 – In house day at Prosser House Day Centre. Activity: Spring themed day. Time: 10:00am – 3:00pm.	16 – Bus trip to Barilla for mini-golf and lunch! Time: 10:00am – 3:00pm. Meal at own cost.	17	18
19	20	21 – In house day at Prosser House Day Centre. Activity: Footy themed day. Time: 10:00am – 3:00pm.	22 – Bus trip to the Botanical Gardens for a stroll and lunch. Time: 10:00am – 3:00pm. Meal at own cost.	23 – In house day at Prosser House Day Centre. Activity: Library visit and footy themed day. Time: 10:00am – 3:00pm. Meal at own cost.	24	25
26 – In house day at Prosser House Day Centre. Activity: Crafts and puzzles. Time: 10:00am-3:00pm.	27	28 – Bus trip to the Colebrook History Room. Time: 10:00am – 3:00pm. Meal at own cost.	29 – Bus trip to May Shaw and lunch. Time: 10:00am - 3:00pm. Meal at own cost.	30 – In house day at Prosser Day Centre. Activity: Game day and house luncheon. Time: 10:00am – 3:00pm.	1_(Oct)	2
3	4 – Bus trip TBA Time: 10:00am – 3:00pm.	5 – In house day at Prosser House Day Centre. Activity: Library visit and in house BBQ lunch. Time: 10:00am – 3:00pm.	6 – In house day at Prosser House Day Centre. Activity: Craft – pipe-cleaner flower art. Time: 10:00am – 3:00pm.	7 – Bus trip to Cambridge park for shopping and lunch. Time: 10:00am – 3:00pm. Meal at own cost.	8	9
10 – In house day at Prosser House Day Centre. Activity: Crafts and puzzles. Time: 10:00am-3:00pm.	11 – SEC Care Community Expo at Sommerville Street Day Centre. Transport TBA. Time: 10:00am – 3:00am FREE BBQ lunch and many activities!	12 – Bus trip to the Casino for lunch. Time: 10:00am – 3:00pm. Meal at own cost.	13 – Bus trip to Sommerville Street Day Centre in Sorell for Cancer Council talk on “Living Well After Cancer”. Time: 10:00am – 3:00pm. Lunch included.	14 – In house day at Prosser House Day Centre. Activity: Library visit and BBQ at park. Time: 10:00am – 3:00pm.	15	16

Want to join in? Call either Kathy on 0427 804 600 or Denise on 0423 264 833.

Renovations at Sommersville Street

As some of you will know, SEC Care is currently renovating our Sommersville Street building, which will allow us to move our head office to the premises in the near future.

The move will give our organisation more visibility in the community and will give our clients easier access to our services and resources they can use to help with their care programs. We will keep you in the loop with updates.



For now, we will leave you with this picture of the wonderful "Bob the Builder" (**Above**) renovating our Sommersville Street kitchen. 'Onya Bob!

**SEPTEMBER
DEMENTIA
AWARENESS
MONTH 2016**

**CREATING A
DEMENTIA-
FRIENDLY
NATION**

**SEPTEMBER DEMENTIA
AWARENESS MONTH**



Dementia Awareness Month 2016

Dementia Awareness Month is an annual series of events organised by Alzheimer's Australia Tasmania (AAT) and supported by the Australian Government to improve awareness and understanding about dementia in the Tasmanian community.

During this month Alzheimer's Australia focuses on people with dementia, their carers and the general public by sharing the facts, dispelling the myths and highlighting the support AAT can provide to people living with dementia and those caring for them.

AAT is the peak body in the state for people with dementia, their families and carers. It provides advocacy, respite care and other support services, education and information throughout the state. The theme for Dementia Awareness Month 2016 is 'You are not alone'. This theme aims to raise awareness of the support and services available for people with dementia and their families and carers. There are activities being planned for Dementia Awareness Month throughout Tasmania – please join in whenever you can and help us make this month a success.

You can find more information on these activities by visiting their website at

www.tas.fightdementia.org.au/tas/dementia-awareness-month or by phoning them on (03) 6279 1100.