



Newsletter

March 2020

*"A leading service provider,
helping our communities enjoy
the life they want to live"*

A word from our CEO, Helen Pollard



Hello all, and welcome to our March edition of the client newsletter. We are getting close to Easter, and a number of public holidays. Please be aware that services are limited on Public Holidays. Domestic Assistance is not attended on Public Holidays, and in many instances is not rescheduled. If you have any queries in relation to public holiday services- please speak with your coordinator.

Package Clients

South Eastern Community Care employs over 150 Community Support Workers, and we deliver services to over 1300 people in the community. We take people to social events, shopping, appointments, and even sports games. We deliver services after hours.

If you are looking for an increase in services, or if you have been approved for Packaged Care (Aged Care) please speak to one of our Coordinators who can walk you through the process.



We deliver care and services through many different programs and can be quite flexible, so don't hesitate to check with our Coordinators about what we may be able to do for you.

Payments

Cash payments will not be collected at Day Centres from 1st July. We are reducing the risks associated with non-administrative staff collecting cash and transferring to our offices, and will cease collection of cash for day centre activities as of 1st July. Options available include BPay, cheque, bank transfer. Cash payments will still be taken by our reception staff at our office – 12 Somerville Street, Sorell. Clients who attend Day centres will receive a letter regarding the changes in May.



We value your Feedback

Anything you have to say about our services and programs is very welcome! If you have a compliment it boosts morale and we pass on to the staff concerned. If you have a complaint or constructive feedback – it may help us assess and improve the services we deliver to you and to others. We encourage and welcome feedback at any time.



Independents Units for SALE

Location Location Location

Looking for a home close to all your local needs. Our units are continuing to be developed, and near to completion. We are on track for driveway and landscaping which will make the site look much more inviting. I am working with a local Real Estate Agent to manage our last two units- so if you are interested or for more information, please contact Helen Pollard on Ph. 6269 1200.



INDEPENDENT LIVING UNITS NOW SELLING

4 x Two bedroom units in the heart of Sorell

- + Landscaped, maintained gardens
- + Air conditioning and all white goods included
- + Level access, architecturally designed for comfort
- + Safe, supported environment
- + Easy access to services, shops and amenities
- + Building commencing July 2019

Quality Community Care



Our Community

Have your say about the topics that affect your world: email julene@secommunitycare.com.au

NDIS Group Activities

Group Activities will be commencing in March if you would like further information please contact your coordinator. Activities will vary including bowling, lunches out water aerobics, sailing and cooking.

Introducing NDIS Coordinator

Andrew has joined the disability support team at SEC Care, he will be spending the next few months getting around and meeting everyone. Andrew comes with much experience in the disability sector, some of you may have already met Andrew in previous roles with the Department and with SEC Care. Join me in welcoming Andrew to the team!



Easter Break – Services



Easter this year falls in early April, please let your coordinator know if you require changes to your service by the end of March. SEC Care only provides essential services on a public holiday. We would like to extend wishes to you all for a Happy Easter.

New Staff

SEC Care is in the process of organizing a small casual team to provide relief to rostering when support staff become unavailable at short notice. Please welcome these staff as they commence their work in the community. It is an expectation that these staff will allow us to create consistency of support.

Relax and have your feet pampered at the SEC Care Foot Clinic!

SEC Care Foot Clinic is now operating out of the 'Little House' (opposite Banjos) every Wednesday and Friday. The Foot Clinic is for our clients and the community.

Foot Care is for any age/anyone and there are subsidised prices available for pensioners.

Fees: Pensioner: \$25.00 Private: \$60.00

For more information or to book an appointment, contact Reception on Ph. 6269 1200



Recipe of the Month

Cauliflower Soup

INGREDIENTS

- 1 tablespoon olive oil
- 1 large brown onion, chopped
- 2 garlic cloves, crushed
- 1 head (1.3kg) cauliflower, cut into florets
- 500g sebago potatoes, peeled, chopped
- 1 litre Massel chicken style liquid stock (see notes)
- 1/2 cup pure cream

METHOD

Step 1

Heat oil in a large saucepan over medium-high heat. Add onion and garlic. Cook, stirring, for 3 minutes or until onion has softened. Add cauliflower and potato. Cook, stirring, for 5 minutes.

Step 2

Add stock. Season with pepper. Cover. Bring to the boil. Reduce heat to medium-low. Simmer for 15 to 20 minutes or until potato is tender. Set aside for 5 minutes to cool slightly.

Step 3

Blend, in batches, until smooth. Return to pan over low heat. Add pure cream. Cook, stirring, for 2 minutes or until heated through. Serve.

